

Aikido Position of Attack & Defense





Tache-Wasa



Hanmi-Handachi



Superary Williams



Al-Hanmi Katate Dori



Gyaku-Hanmi Katate Dori Periterani Pro Grad



Kata Dori



Morote Doni (factoric battery One West



Ryate Dari (Two minut Guidang Two Writin)



Ryokata Dori (Two-mode Copping Both Message)



Mune Dori (One-or Two rooms Grattoning Colors)



Ushino Ryote Dori



Ushiro Sode Dori (fwo-tands Groting fee Stone From String)



Ushiro Ryokata Dori (fluo Handi Gustoing Both Droubless From Berling)



Ushino Eri Deri /One-Neon Gosseny Cobe From Behand



Ushino Kubishime Dorii perchiste these free detent.



Murse-Tsuki (magnifyech to the Cheep



Shoreen Tsukii (mage back to the hole



Shomen-Uchi (Swinsor) tree to the read with the Blade of the Island



Yokomen-Uchi (Sol Sole to the Sol of the Head or Neck with the Black of the Head



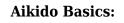
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