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Heal Well: An Interactive Guide to Experiencing Mental and Emotional Healing According to The Word of God C. Marie Phillips, **Heal My Wounds** Jermaine Enoch Heaven, 2025-01-17 The world is broken and everyone is looking for a solution in all the wrong places It is hard to get a solution from the wrong source and expect a positive result I know that real emotional healing can only be received through Jesus Christ Yes pain always brings out the worst in us but if it is not processed properly it can cause irreparable damage I never realised how much my generation has been shaped by emotional hurt until I sat down to write this book And I always wondered why a lot of people felt the need to come to me asking for help or advice about their hurts It always broke my heart just listening to their experiences Thank God after a few counselling and prayer sessions they would receive their healing This became a day to day part of my life I now realise I was called to this God has given me the wisdom to deal with this kind of spiritual baggage I wrote this book to offer some solutions to emotional pain For this reason I have extensively used my personal experiences and those of other people to show those who are hurting that God can turn those hurts into an opportunity for helping others I share my journey about how God healed me from a lot of emotional pain This book is therefore a personal guide to emotional healing I believe that this book will take you on a journey to personal healing I may not have the answers to every emotional problem but I think that I covered a majority of some of the problems you may be facing currently I encourage you to read this book It is very educational and eye opening If none of these situations applies to you I still encourage you to read on And if anything applies to you then trust that God will heal you by the time you finish reading this book Jermaine R Dokothum **Love and Healing** Russell Clayton, 2021-06 Love And Healing is a guidebook intended to relieve emotional suffering Dr Clayton introduces Inner Restorative Healing as a proven method of accessing and practicing the ancient ways of sensory therapy The activation of earth s energy and power gets delivered to the emotional self and is intended to ignite a positive shift in your overall wellness Love And Healing is an inner journey of reprogramming your subconscious and harnessing the healing power of love Love is changeful it s the most powerful agent of change in existence These cultivated selections of self healing methods assist you into alignment with your higher self deepen your connection to your sacred heart improve your ability to deliberately manifest and help hardwire your access to the greater you The methods you ll be learning come from a combination of ancient healing techniques philosophies exercises and New Age wisdom Use this intuitive guidebook to choose your own combination of healing methods Start moving through life in a bold new way [Deliverance to a Fresh Spirit: 12-Step Guide for Ending Toxic Relationships and Overcoming Their Effects](#) Conte Morgan Terrell, 2004-05-28 Deliverance to a Fresh Spirit is a must read book for women who are tired of toxic relationships Every woman wants to have a healthy relationship This biblically based guide can help you learn how to have just that Using six real life stories of women who have overcome their toxic relationships personal emotionally development exercises and examples from their own struggles Christian Counselor Therapist Conte Terrell helps

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lost her four year old son in a drowning accident she sank into guilt unable to imagine a way to move forward As she slowly rebuilt her life she realized a critical truth Healing is a choice that requires active participation In this powerful book Hull shares the tools and practices that helped her navigate overwhelming pain release shame and self blame and create a life of purpose With deep compassion and fiercely personal storytelling she shows readers it s possible to integrate grief and grow alongside it and to build a meaningful future while still honoring the past Whatever your loss no matter the depth of your sorrow you are worthy and capable of healing Dear Drew is an invitation to discover resilience growth and even joy in a life where loss and love can coexist Mortal Morals Sandeep Ghag,2024-10-15 Mortal Morals Your Bridge to Financial Well Being is a transformative guide that connects the principles of morality with the journey to financial independence This book delves deep into how our core values shape financial decisions offering practical strategies for ethical wealth creation Written for readers in India Mortal Morals simplifies complex financial concepts encouraging introspection and alignment of personal values with financial goals Whether you re seeking financial security freedom or success this book provides the tools to achieve it while staying true to your moral compass Discover the path to financial well being through a lens of integrity growth and inner peace

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