

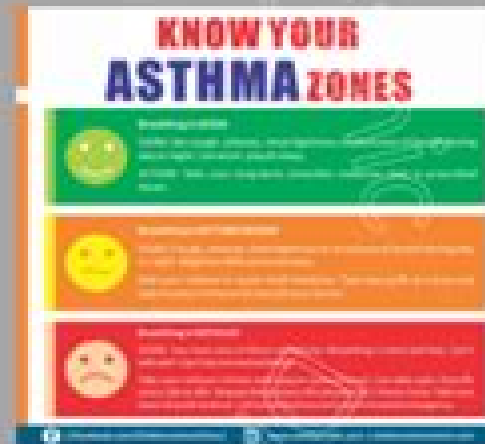
ASTHMA TREATMENT

Steps to Better Asthma Control

Preventive Inhalers



Asthma Action Plan



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Asthma Living Well And Controlling It

Jeffrey S. Nevid, Spencer A. Rathus



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Living with Asthma William E. Berger, 2008 Describes what living with asthma is like discussing symptoms triggers treatments and lifestyle changes that may be necessary to prevent asthma attacks

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Asthma Explained Graeme P. Currie, 2004-10 When there s a problem what people want most of all is information This applies especially when the problem is a medical one which is affecting either themselves or a family member Doctors sometimes just don t have the time to explain everything in detail and to answer every question As a consequence patients and their families must turn to other sources of information such as articles books and the internet However it is difficult if not impossible for the lay public to know whether the information they are getting is accurate and up

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