



WEEKLY & MONTHLY PLANNER SPREADSHEETS

TIME BLOCKING

Madeline's
WEEKLY TIME BLOCKING

MONTH	July
Week	Week 2 (28 Jul to 04 Aug)

CATEGORY TIME TRACKER

Week 2 (28 Jul to 04 Aug)



CATEGORY	hrs	%
work	40.0	24%
Sleeping	56.0	33%
Free Time	28.0	17%
Commute	12.0	7%
Exercise	10.0	6%
Family Time	9.0	5%
Morning Routine	8.0	5%
Personal Chores	6.0	4%
Lunch	5.0	3%
Bedtime Routine	3.0	2%

Monday, 8 July

Your day is planned!

START TIME	CATEGORY	ACTIVITY	DURATION	
			hr	min
7:00 am	Morning Routine	Morning Workout	1	0
7:30 am	Morning Routine	Wake Up	0	30
8:00 am	Morning Routine	Breakfast	0	30
8:30 am	Commute	Drive to work	0	30
9:00 am	work	Project Meeting	0	30
9:30 am	work	Work on Report	0	30
10:00 am	Lunch	Lunch Break	0	30
10:30 am	work	Client Call	0	30
1:00 pm	work	Team Collaboration	0	30
4:00 pm	Errands	Grocery Shopping	0	30
5:00 pm	Errands	Pick Up Dry Cleaning	0	30
6:00 pm	Errands	Bank Visit	0	30
6:30 pm	Commute	Drive to Home	0	30
7:00 pm	Family Time	Dinner with Family	0	30
8:00 pm	Free Time	Read a Book	0	30
9:00 pm	Personal Chores	Clean the House	0	30
10:00 pm	Free Time	Check Social Media	0	30
10:30 pm	Personal Chores	Online Course	0	30
10:45 pm	Bedtime Routine	Prepare for Bed	0	15
11:00 pm	Free Time	Play a Musical Instrument	0	30
11:30 pm	Free Time	Meditation	0	30
11:45 pm	Free Time	Plan the Next Day	0	15
12:00 am	Bedtime	Sleep	1	0

Tuesday, 9 July

10 min left to go!

START TIME	CATEGORY	ACTIVITY	DURATION
8:00 pm	Commute	Drive to work	0:30
8:30 pm	Family Time	Family Time	0:30
9:00 pm	Free Time	Coffee	0:30
9:30 pm	Free Time	Journal	0:30
10:00 pm	Personal Chores	Task	0:30
10:30 pm	Free Time	Task	0:30
11:00 pm	Bedtime Routine	Relax	0:30
11:30 pm	Free Time	Task	0:30
12:00 am	Free Time	Task	0:30
1:00 am	Free Time	Task	0:30

EASY TO USE

VIDEO TUTORIAL

WEEKLY TIME BLOCK

SMART CALENDAR

Time Blocking Planner Pro

M Lipman

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

Time Blocking Planner Pro:

Adopting the Tune of Appearance: An Emotional Symphony within **Time Blocking Planner Pro**

In a global taken by screens and the ceaseless chatter of quick transmission, the melodic beauty and emotional symphony developed by the prepared word usually diminish into the back ground, eclipsed by the constant sound and interruptions that permeate our lives. Nevertheless, nestled within the pages of **Time Blocking Planner Pro** an enchanting fictional prize overflowing with natural thoughts, lies an immersive symphony waiting to be embraced. Crafted by a wonderful composer of language, that fascinating masterpiece conducts visitors on an emotional journey, skillfully unraveling the concealed melodies and profound impact resonating within each cautiously crafted phrase. Within the depths of this touching analysis, we can discover the book is main harmonies, analyze their enthralling publishing design, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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