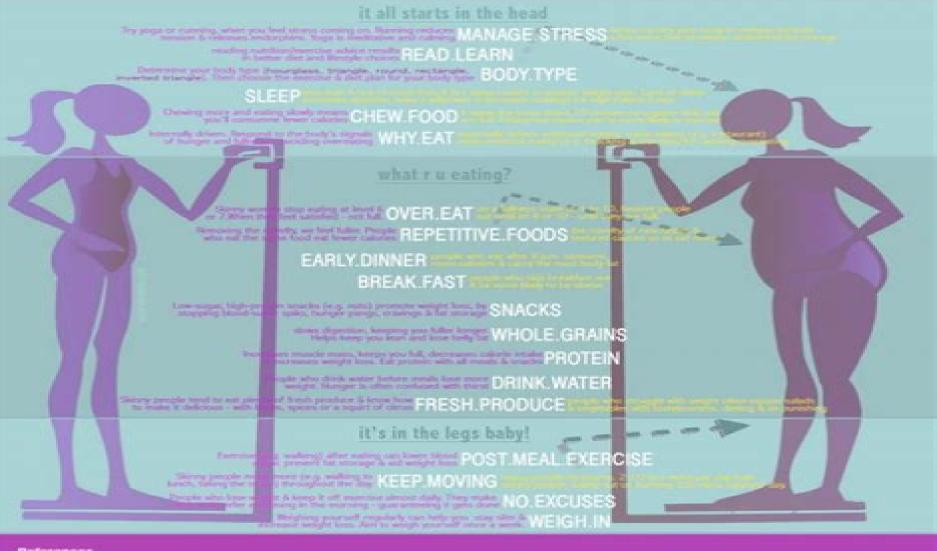
HOW TO GET SKINNY



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Hal Higdon

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