

# HOW TO PLAN YOUR SCHEDULE WITH *Time Blocking*

## *Plan your week ahead of time...*

Set aside 1-2 hours on Sunday, then 15 minutes to review and update each day, plus 15-minute breaks in between tasks.



1-2 hours on Sunday  
15 minutes a day

| MONDAY                        | TUESDAY        | WEDNESDAY                  | THURSDAY               | FRIDAY                             | SATURDAY                      | SUNDAY          |
|-------------------------------|----------------|----------------------------|------------------------|------------------------------------|-------------------------------|-----------------|
| Get Ready                     | Get Ready      | Get Ready                  | Get Ready              | Get Ready                          |                               |                 |
| Breakfast                     | Breakfast      | Breakfast                  | Breakfast              | Breakfast                          |                               |                 |
|                               | Call with Judy |                            |                        |                                    | Call Judy                     |                 |
| 101+ blog title template post |                | Branding eBook             |                        |                                    | Workout                       | Workout         |
|                               | Branding eBook |                            | upgrade for niche post | Landing pages for content upgrades | Break                         |                 |
|                               |                | Record next steps for Mimi |                        |                                    |                               |                 |
| Lunch                         | Lunch          | Lunch                      | Lunch                  | Lunch                              | Plan Danielle's bridal shower | Brand challenge |



How to time block



*Watch the time  
blocking video  
tutorial*



# Time Blocking Planner Tutorial

**JE Gale**



## **Time Blocking Planner Tutorial:**

## Unveiling the Energy of Verbal Art: An Emotional Sojourn through **Time Blocking Planner Tutorial**

In a global inundated with displays and the cacophony of instant communication, the profound energy and emotional resonance of verbal artistry frequently fade into obscurity, eclipsed by the continuous onslaught of sound and distractions. Yet, located within the musical pages of **Time Blocking Planner Tutorial**, a charming function of fictional brilliance that pulses with organic emotions, lies an wonderful journey waiting to be embarked upon. Composed with a virtuoso wordsmith, this magical opus books visitors on a psychological odyssey, softly exposing the latent potential and profound affect embedded within the elaborate web of language. Within the heart-wrenching expanse with this evocative examination, we can embark upon an introspective exploration of the book is central subjects, dissect its captivating writing model, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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