

multiply weight in

		
		
		
		

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A worksheet titled "monthly check-in" with a decorative pink border. The title is in a pink, cursive font. Below the title is a 4x3 grid of boxes. Each box has a small pink header with a number (1 through 12) and a blank space for writing. The boxes are arranged in four rows and three columns.

A 10x10 grid of 100 small, identical, faint images of a person's face, arranged in a grid pattern.

goals

What is your life goal?

What are your goals?

Why are you goals?

What are your dreams?

What are your dreams?

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my assignments

	Wed	Th	Fri	Sat	Sun
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Class 3					
Class 4					
Class 5					
Class 6					
Class 7					
Class 8					
Class 9					
Class 10					
Class 11					
Class 12					

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1	2	3
4	5	6
7	8	9
10	11	12

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Weight Loss Planner

D Keegan



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