



WEEKLY cleaning

DAILY

- ☐ wipe counters
- ☐ make beds
- ☐ wash dishes
- ☐ one load of laundry
- ☐ take out trash
- ☐ clean kitchen floor in the evening

MONDAY (bathrooms)

- ☐ clean toilets
- ☐ clean sinks, mirrors & counters
- ☐ clean showers & bathtubs
- ☐ wash bath rugs & replace towels
- ☐ sweep & mop floors

TUESDAY (living room)

- ☐ straighten shelves & cabinets
- ☐ vacuum, sweep & mop
- ☐ wash windows & blinds
- ☐ organize toys & declutter

WEDNESDAY (kitchen)

- ☐ clean stove / cooktop
- ☐ clean counters & sink
- ☐ wipe down fridge & freezer
- ☐ clean inside microwave
- ☐ sweep & mop floors

THURSDAY (bedrooms)

- ☐ dust & vacuum
- ☐ change bed sheets
- ☐ organize & declutter
- ☐ sort dirty laundry
- ☐ clean windows & blinds
- ☐ straighten closets & drawers

FRIDAY (halls & stairs)

- ☐ dust & vacuum
- ☐ straighten drawers, desks & shelves
- ☐ wipe off washer & dryer
- ☐ dust ceiling fans & light fixtures
- ☐ straighten & declutter closets

WEEKEND (outdoors)

- ☐ sweep porch & patio
- ☐ clean & organize garage
- ☐ mow lawn & clean out weed beds
- ☐ clean out cars

MISC.

- ☐
- ☐
- ☐
- ☐
- ☐

A Clean Week

DJ Losen



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