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Your Mind
and Live
Your Best
Life Today
Lewis
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Tiny Changes, Remarkable Results

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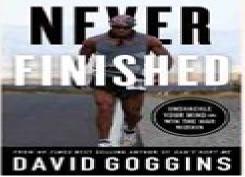


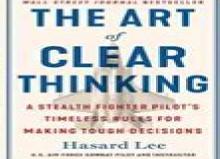
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2025 Edition Self Help

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