

100

QUESTIONS & ANSWERS

What is
depression?

What are the
symptoms of
depression?

How is
depression
diagnosed?

What are the
different types
of treatment for
depression?

How do I choose
a therapist and a
therapy approach?

About
Depression
Second Edition



by
Ava T. Albrecht, MD
Charles Herrick, MD

100 Questions Answers About Depression

Zhe Xu



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