



## TIME BLOCKING

*Madeline's*  
WEEKLY TIME BLOCKING

| MONTH | July                      |
|-------|---------------------------|
| Week  | Week 2 (06 Jul to 12 Jul) |

CATEGORY TIME TRACKER

Week 2 (06 Jul to 12 Jul)



| CATEGORY        | hrs  | %   |
|-----------------|------|-----|
| work            | 33.6 | 20% |
| Bedtime         | 33.6 | 20% |
| Free Time       | 29.5 | 18% |
| Commute         | 12.7 | 8%  |
| Errands         | 10.5 | 7%  |
| Family Time     | 9.6  | 6%  |
| Morning Routine | 8.2  | 5%  |
| Personal Chores | 6.8  | 4%  |
| Lunch           | 6.5  | 4%  |
| Bedtime Routine | 12.3 | 7%  |

Monday, 8 July

Your day is planned!

| START TIME | CATEGORY        | ACTIVITY                  | DURATION |     |
|------------|-----------------|---------------------------|----------|-----|
|            |                 |                           | hr       | min |
| 7:00 am    | Morning Routine | Morning Workout           | 1        | 0   |
| 7:30 am    | Morning Routine | Wake Up                   | 0        | 30  |
| 8:00 am    | Morning Routine | Breakfast                 | 0        | 30  |
| 8:30 am    | Commute         | Drive to Work             | 0        | 30  |
| 9:00 am    | Work            | Project Meeting           | 0        | 30  |
| 9:30 am    | Work            | Work on Report            | 0        | 30  |
| 10:00 am   | Lunch           | Lunch Break               | 0        | 30  |
| 10:30 am   | Work            | Client Call               | 0        | 30  |
| 1:00 pm    | Work            | Team Collaboration        | 0        | 30  |
| 4:00 pm    | Errands         | Grocery Shopping          | 0        | 30  |
| 5:00 pm    | Errands         | Pick Up Dry Cleaning      | 0        | 30  |
| 6:00 pm    | Errands         | Bank Visit                | 0        | 30  |
| 6:30 pm    | Commute         | Drive to Home             | 0        | 30  |
| 7:00 pm    | Family Time     | Dinner with Family        | 0        | 30  |
| 8:00 pm    | Free Time       | Read a Book               | 0        | 30  |
| 9:00 pm    | Personal Chores | Clean the House           | 0        | 30  |
| 10:00 pm   | Free Time       | Check Social Media        | 0        | 30  |
| 10:30 pm   | Personal Chores | Online Course             | 0        | 30  |
| 10:45 pm   | Bedtime Routine | Prepare for Bed           | 0        | 15  |
| 11:00 pm   | Free Time       | Play a Musical Instrument | 0        | 30  |
| 11:30 pm   | Free Time       | Meditation                | 0        | 30  |
| 11:45 pm   | Free Time       | Plan the Next Day         | 0        | 15  |
| 12:00 am   | Bedtime         | Sleep                     | 1        | 0   |

Tuesday, 9 July

10 min left to go

| START TIME | CATEGORY        | ACTIVITY        | DURATION |
|------------|-----------------|-----------------|----------|
| 8:30 pm    | Commute         | Drive to Work   | 0:30     |
| 9:00 pm    | Family Time     | Family Time     | 0:30     |
| 10:00 pm   | Free Time       | Free Time       | 0:30     |
| 10:30 pm   | Free Time       | Free Time       | 0:30     |
| 10:45 pm   | Personal Chores | Personal Chores | 0:15     |
| 11:00 pm   | Free Time       | Free Time       | 0:30     |
| 11:30 pm   | Bedtime Routine | Bedtime Routine | 0:30     |
| 11:45 pm   | Free Time       | Free Time       | 0:15     |
| 12:00 am   | Free Time       | Free Time       | 0:30     |
| 12:30 am   | Free Time       | Free Time       | 0:30     |

EASY TO USE

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WEEKLY TIME BLOCK

SMART CALENDAR

# Pro Time Blocking Planner

**Shasha Hu**



**Pro Time Blocking Planner:**

## Embracing the Tune of Phrase: An Mental Symphony within **Pro Time Blocking Planner**

In a global taken by monitors and the ceaseless chatter of instantaneous interaction, the melodic splendor and emotional symphony created by the published word often fade into the back ground, eclipsed by the persistent noise and distractions that permeate our lives. Nevertheless, set within the pages of **Pro Time Blocking Planner** a charming literary prize brimming with raw thoughts, lies an immersive symphony waiting to be embraced. Crafted by an elegant composer of language, that interesting masterpiece conducts readers on a mental trip, skillfully unraveling the hidden melodies and profound impact resonating within each cautiously crafted phrase. Within the depths of the poignant review, we shall explore the book is main harmonies, analyze their enthralling writing design, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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