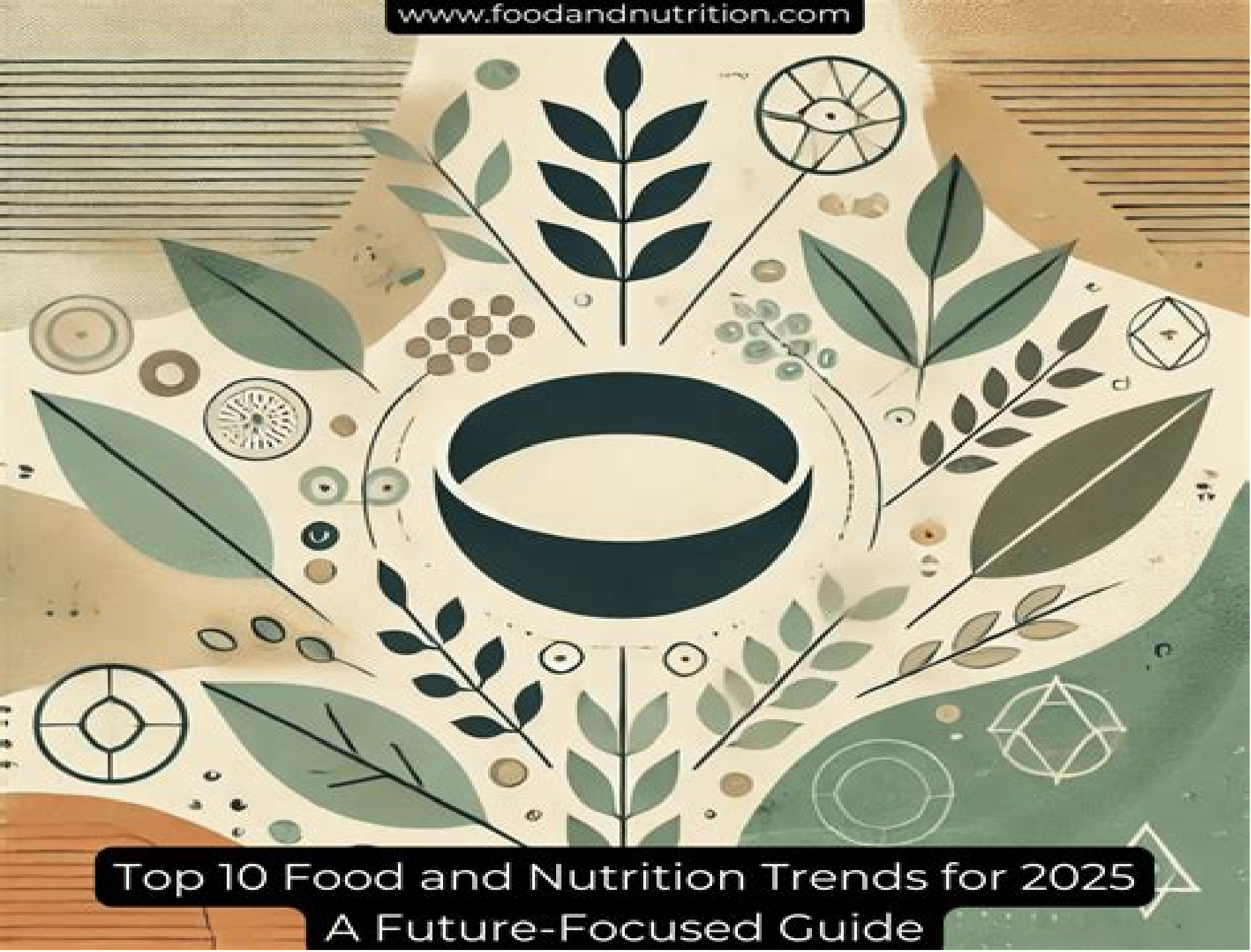




# Top 10 Food and Nutrition Trends for 2025

## A Future-Focused Guide

# Trending Nutrition Guide

**S Ashworth**



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