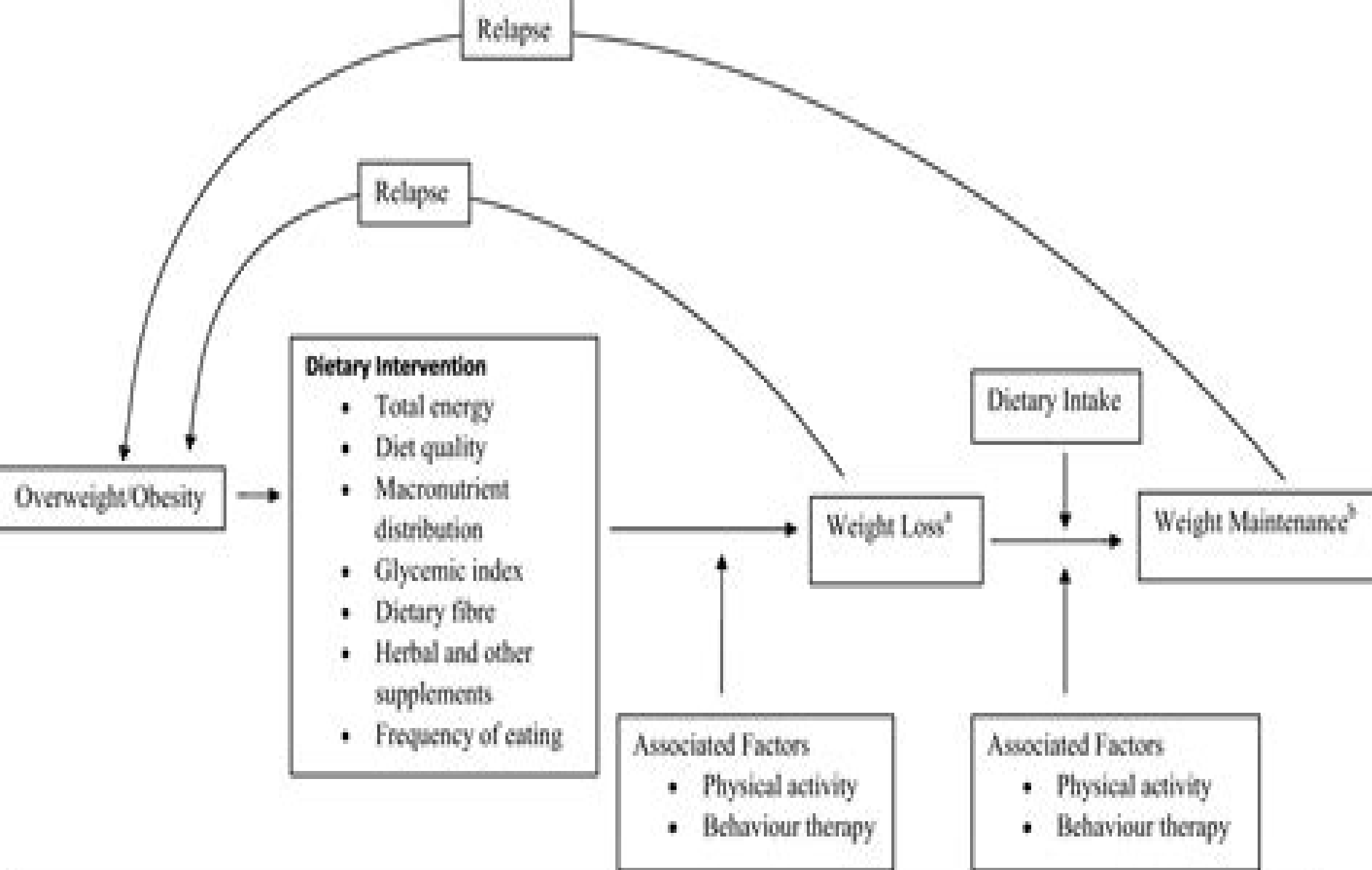




^aWeight Loss: defined as a decrease of at least 5% of baseline body weight

^bWeight Maintenance: defined as remaining at a body weight of at least 5% less than baseline body weight for a minimum of one year.

Framework Weight Loss

Staci Nix McIntosh

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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