# AMERICA'S TOP 20 MENTAL HEALTH CONCERNS IN 2023

Rank	Mental Health Search on Google	Avg. Monthly Searches
1	ADHD Symptoms	371,150
2	Anxiety Symptoms	255,167
3	Depression Symptoms	212,250
4	Autism Symptoms	180,750
5	PTSD Symptoms	145,000
6	Bipolar Disorder Symptoms	132,208
7	Schizophrenia Symptoms	128,833
8	Borderline Personality Disorder Symptoms	96,042
9	OCD Symptoms	92,625
10	Binge Eating Disorder Symptoms	50,750
11	Suicidal Ideation	48,600
12	Insomnia Symptoms	33,525
13	Postpartum Depression Symptoms	25,875
14	Social Anxiety Symptoms	22,292
15	Alcoholism Symptoms	16,175
16	Anorexia Symptoms	12,367
17	Panic Disorder Symptoms	9,517
18	Agoraphobia Symptoms	6,125
19	Personality Disorder Symptoms	5,825
20	Substance Abuse Disorder	4,083

# **Top Mental Health**

Lei Shi



Top Mental Health: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous captivating novels captivating the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the captivating narratives that have charmed audiences this year. Top Mental Health: Colleen Hoovers "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Top Mental Health: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Top Mental Health: Delia Owens "Where the Crawdads Sing" This captivating comingof-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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