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component at every stage of life Nutrition Across Life Stages Second Edition covers topics applicable and relevant for entry level Nutrition and Dietetics students who are focusing their study on nutritional requirements and challenges during each life stage The text clearly and comprehensively presents the impact of nutrition on people across the life cycle moving through each life stage by first highlighting normal nutritional needs before delving into the implications of nutrition for health and disease at each particular stage of life Each new print copy includes a 365 day Navigate eBook access Instructor resources include test bank slides in PowerPoint format image bank and instructor s manual with learning objectives chapter outlines answers to in text questions and more Incorporates the most current evidence based research available including the newest edition of The Dietary Guidelines for Americans 2020 2025 which emphasizes dietary patterns at every stage of life Includes updated and expanded discussions on nutrition related conditions and diseases throughout the life cycle Provides updated and expanded discussions on common nutrition considerations during each stage of life Includes a Case Study at the beginning of each chapter to illustrate how topics discussed in the text might appear in a real life setting Case studies are revisited throughout the chapter building in concert with the foundational material Presents News You can Use features that highlight topics of special interest to students usually anchored in current nutritional science research Chapters conclude with a Learning Portfolio which includes an array of student centered resources and activities 2023 600 pages

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