



WEEKLY & MONTHLY PLANNER SPREADSHEETS

TIME BLOCKING

Madeline's
WEEKLY TIME BLOCKING

MONTH	July
Week	Week 2 (28 Jul to 04 Aug)

CATEGORY TIME TRACKER

Week 2 (28 Jul to 04 Aug)



CATEGORY	hrs	%
work	40.0	24%
Sleeping	56.0	33%
Free Time	28.0	17%
Commute	12.0	7%
Exercise	10.0	6%
Family Time	9.0	5%
Morning Routine	8.0	5%
Personal Chores	6.0	4%
Lunch	5.0	3%
Bedtime Routine	2.0	1%

Monday, 8 July

Your day is planned!

START TIME	CATEGORY	ACTIVITY	DURATION	
			hr	min
7:00 am	Morning Routine	Morning Workout	1	0
7:30 am	Morning Routine	Wake Up	0	30
8:00 am	Morning Routine	Breakfast	0	30
8:30 am	Commute	Drive to work	0	30
9:00 am	Work	Project Meeting	0	30
9:30 am	Work	Work on Report	0	30
10:00 am	Lunch	Lunch Break	0	30
10:30 am	Work	Client Call	0	30
1:00 pm	Work	Team Collaboration	0	30
4:00 pm	Errands	Grocery Shopping	0	30
5:00 pm	Errands	Pick Up Dry Cleaning	0	30
6:00 pm	Errands	Bank Visit	0	30
6:30 pm	Commute	Drive to Home	0	30
7:00 pm	Family Time	Dinner with Family	0	30
8:00 pm	Free Time	Read a Book	0	30
9:00 pm	Personal Chores	Clean the House	0	30
10:00 pm	Free Time	Check Social Media	0	30
10:30 pm	Personal Chores	Online Course	0	30
10:45 pm	Bedtime Routine	Prepare for Bed	0	15
11:00 pm	Free Time	Play a Musical Instrument	0	30
11:30 pm	Free Time	Meditation	0	30
11:45 pm	Free Time	Plan the Next Day	0	15
12:00 am	Bedtime	Sleep	1	0

Tuesday, 9 July

10 min left to go

START TIME	CATEGORY	
8:00 pm	Commute	
8:30 pm	Family Time	
10:00 pm	Free Time	
10:30 pm	Free Time	
10:45 pm	Personal Chores	
11:00 pm	Free Time	
11:30 pm	Bedtime Routine	
11:45 pm	Free Time	
12:00 am	Free Time	
6:45 am		

EASY TO USE

VIDEO TUTORIAL

WEEKLY TIME BLOCK

SMART CALENDAR

Pro Time Blocking Planner

G Psacharopoulos



Pro Time Blocking Planner:

Decoding **Pro Time Blocking Planner**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Pro Time Blocking Planner**," a mesmerizing literary creation penned by a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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