SELF-CARE CHECKLIST

@thefabstory

	sun	mon	tues	wed	thurs	fri	sat
meditate	0	0	0	0	0	0	0
morning yoga	0	0	0	0	0	0	0
eat veggies with every meal	0	0	0	0	0	0	0
drink 8 glasses of water	0	0	0	0	0	0	0
daily gratitude practice	0	0	0	0	0	0	0
read one chapter of a book	0	0	0	0	0	0	0
tidy up your space	0	0	0	0	0	0	0
do something creative	0	0	0	0	0	0	0

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much tension in the book derives from dramatic irony in which the reader having greater historical knowledge than felix realizes that felix is in mortal danger of which he is unaware

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web as they walk toward the city felix tells zelda stories and tries to prevent her from witnessing nazi acts of violence by the time the crowd reaches the city felix is sick and exhausted he collapses in the street as zelda screams and a nazi points a gun at her

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web feb 23 2019 the first theme is harsh and somber while the second theme is emotional and sweet the third movement is

a rondo written in an a b a c b a format it s meant to be fun and silly like a sea shanty the fourth movement is the finale and the shortest movement of the sonata at just 45 seconds in length it is written in binary form with a first

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