

A LITTLE CHINESE COOKBOOK



A careful balance of opposite elements – light and dark, soft and crunchy, sweet and sour – gives Chinese food its delicious tastes and textures, the result of centuries of culinary evolution.

A Little Chinese Cookbook incorporates dishes from Peking, Shanghai, Sichuan and Canton, the four main regions in China, and includes a wide selection of soups, starters and snacks such as Egg Drop Mushroom Soup, Shrimp Fu Yong, Sichuan Spare Ribs, as well as main courses such as Peking Duck, Sweet and Sour Pork and Soy Braised Chicken.

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A Little Chinese Cookbook

Terry Tan

Appletree Press

Little Chinese Cookbook



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ILLUSTRATED BY SUSAN DRAY

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Introduction

While Chinese cuisine is universally popular, it has the undeserved reputation of being intimidating. Those 'mystifying sauces' are easily available in stores. As for methods and utensils, this book will de-mystify them. The Ying Yang philosophy that permeates Chinese life is evident in its cuisine, giving a balance of opposite elements – dark and light, soft and crunchy, sweet and sour. The result should be a feeling of wellbeing after a meal. No two Chinese chefs ever cook the same dish the same way, each creates his own flavours. Whether attempting an imperial Peking Duck or humble peasant stew, approach it with a sense of adventure and boldness. It's a matter of trial, and a few errors, before you know the perfect harmony between ginger and sesame oil, plum sauce and vinegar, soy sauce and garlic, noodles and bean sprouts and the endless permutations therein. A Chinese meal for four consists of two or three dishes served with rice. All dishes will serve two or more if the meal includes other dishes, unless otherwise indicated. A meal for four can easily be stretched by serving more rice.

A note on measures

Imperial, metric and American measures have been used in this book. Use one set of measures only as they are not necessarily exact equivalents. The cup referred to is the standard American measure, and spoon measures are level, not heaped. All recipes will serve four people.

A Little Chinese Cookbook

David Baud



A Little Chinese Cookbook:

A Little Chinese Cookbook Terry Tan,1990 The Little Chinese Cookbook Murdoch Books Test Kitchen,2015-11-18 The Little Chinese Cookbook explores the ways in which geography climate culture and tradition have shaped one of the world s most popular cuisines It takes a look at the behind the scenes world of growers artisans chefs and home cooks whose passion for produce is reflected in the regional styles and flavours of China s rich and varied food More than 80 recipes including street food seafood dim sum recipes hotpots and desserts *Chinese Cookbook 365* Avery Moore,2018-11-12 Tasting CHINESE CUISINE Right In Your Little Kitchen Today s Special Price SALE 85% OFF 6 99 0 99 Read this book for FREE on the Kindle Unlimited NOW DOWNLOAD FREE eBook PDF included ILLUSTRATIONS of 365 recipes right after conclusion Cooking a dish from another country develops your sense of taste and may even lead to better health It also deepens your understanding of your own culture With the book Chinese Cookbook 365 and the ingredients from your local market it s so much easier to enjoy the Chinese flavors right in your little kitchen Chapter 1 Chinese Noodles Chapter 2 Chinese Tofu Recipes Chapter 3 Chinese Appetizers Chapter 4 Chinese Main Dishes Chapter 5 Chinese Soups Stews Chapter 6 Quick Easy Chinese Recipes Chapter 7 Amazing Yummy Chinese Recipes I tested each recipe here in my kitchen Thus I can assure you that all recipes meet my requirements they must be healthy and both easy and quick to make No ingredient here is hard to find The most important things in this book are moderation balance and variety I hope you enjoy this cookbook You can see more recipes from other countries such as Irish Cookbook Indian Cookbook Thai Cookbook Vietnamese Cookbook Asian Cookbook Purchase the Print Edition RECEIVE a digital copy FREE via Kindle MatchBook I really hope that each book in the series will be always your best friend in your little kitchen Let s live happily and have a tasty tour to China Enjoy the book Tags chinese dumpling cookbook spicy chinese cookbook chinese sauces cookbook chinese dessert cookbook chinese noodles cookbook slow cooker chinese cookbook simple chinese cookbook chinese cookbook chinese cooking A Very Chinese Cookbook Kevin Pang,Jeffrey Pang,America's Test Kitchen,2023-10-24 A BEST COOKBOOK OF THE YEAR New York Times Serious Eats James Beard Award winner Kevin Pang and his dad Jeffrey hosts of America s Test Kitchen s Hunger Pangs teach you Chinese cooking in funny stories and 100 recipes doable for any cook New York Times Join the Kevin and Jeffrey Pang as they share over 100 American Chinese classics Sichuan street foods and dim sum favorites Full of charming stories of growing up in Hong Kong and time tested insights from the duo s lifelong love of cooking A Very Chinese Cookbook is more than a Chinese recipe book it s a heartfelt ode to Chinese food family and identity Inside you ll find 100 Chinese recipes covering Cantonese Sichuan American Chinese and other regions Personal stories and insights on Chinese culinary history you won t find anywhere else Easy to follow instructions and photos outlining basic Chinese cooking techniques A Chinatown shopping guide to help you find the best soy sauce vinegar and more Pairing ATK s rigorously tested recipes with the Pangs signature mix of humor and instruction this multi generational cookbook is very practical very personal and very Chinese

indeed **The Little Book of Chinese Recipes** Whitecap Books, Limited,1994-01-01 *The Little Chinese Cookbook*,2015-10 The Little Chinese Cookbook explores the ways in which geography climate culture and tradition have shaped one of the world s most popular cuisines It takes a look at the behind the scenes world of growers artisans chefs and home cooks whose passion for produce is reflected in the regional styles and flavours of China s rich and varied food More than 80 recipes cover street food seafood specialities stir fries vegetable dishes and curries [A Chinese Cookbook for Kids](#) Rosie Hankin,2013-07-15 China is the fourth largest country in the world and it is home to one of the broadest reaching culinary traditions However students will be interested to find that the food found in most Chinese restaurants has little resemblance to the traditional dishes of China This engaging fact filled book explores the foods associated with five of the best known food destinations in the country Simple recipes from each region are presented in easy to follow steps and photographs Familiar foods like sweet and sour chicken are shown alongside lesser known fare like Lion s Head Meatballs providing something for adventurous eaters and reluctant readers alike A gorgeous introduction to one of the planet s most diverse and delicious food traditions **The Chinese Medicine Cookbook** Stacey Isaacs,2019-08-20 Food is the best medicine Chinese food therapy is here Your body is a temple honor and heal it with nourishing foods The Chinese Medicine Cookbook is your introduction to traditional Chinese food therapy and how to prepare your daily meals to increase your health and happiness This practical approach includes the basic information you need to personalize your diet through every season Bring traditional Chinese medicine fundamentals of balance yin and yang to the flavors on your plate and the energies in your body With easy to find ingredients and helpful tips you ll master recipes like Roasted Carrot Ginger Soup Miso Honey Butter Roasted Chicken Penne with Arugula Pesto and more Inside The Chinese Medicine Cookbook you ll find Master the basics Learn the essential philosophies of traditional Chinese medicine from this easy to understand introduction Eat with the seasons Explore dishes specifically chosen to complement the seasons with chapters for spring summer fall and winter 65 delicious recipes Enjoy a variety of nourishing foods and beverages for breakfast lunch dinner snack time and dessert The Chinese Medicine Cookbook will put joy on your table and into your spirit for every meal **Mary Sia's Classic Chinese Cookbook** Mary Sia,2012-12-31 Mary Sia s Chinese Cookbook has been a classic of Chinese cookery since it was first published in 1956 This fourth edition features all 300 of the original recipes ranging from simple everyday fare to more elaborate dishes for entertaining as well as essays by Mary Sia An all new food glossary provides up to date names for ingredients along with advice on appropriate substitutions and sources for 21st century cooks The work also includes an introduction by Rachel Laudan renowned food historian and author of *The Food of Paradise Exploring Hawai i s Culinary Heritage* The YWCA where Mary Sia had taught for so many years named its kitchen after her Her cookbooks sold steadily some twenty thousand copies having left the shelves by the 1980s and doubtless many more by now Jacqueline Newman founder and editor of *Flavor and Fortune* a magazine dedicated to Chinese cooking who assembled the premier collection of English language Chinese

cookbooks commented that Mary Sia's Chinese Cookbook remains one of the finest introductions to home style Cantonese cooking all these years after Mary Sia first created the recipes Dr Newman commented to me She was years ahead of her time a better cook with a better set of taste buds than most folk I know as well as a better writer from the Introduction

10-Pak Little Chinese Cookbook Terry Tan,Rose Levit,1990-10

A Little Chinese Cookbook Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has be more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **A Little Chinese Cookbook**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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