The Different Approaches in the Study of Personality

(32)

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Introduction

The study of personality is an intriguing subject. I carried out a literature review of different journal articles to analyze what different scholars had to say on the topic. In the book *Essentials of Psychology* authored by Robert Feldman the different approaches of studying human personality are highlighted in the fourteenth chapter.

He begins by analyzing Sigmund Freud's theory which proposes that the human personality is influenced by the experiences a human being goes through in the different stages of development. The biological approach argues that the personality of a human being is determined genetically. There are scholars who believe that personality is determined by the thoughts, values and feelings that people have.

The personality trait theory proposes that the personality of a human being can be analyzed using five broad measures of personality traits. The measures focus on whether one is an extrovert or easy to get along with. Finally, there is the humanistic approach that proposes that humans are inherently good. They have positive influences on each other leading to growth of healthy personalities. This paper is an analysis of what different scholars have contributed to the study of the human personality.

Biological Approach

David Buss believes that the study of the biological approach will greatly help in understanding personality. Biology is the study of life. In psychology biological approaches provide different ways of evaluating psychological and behavioral trends. He mentions the three ways in his article as evolutionary, behavioral genetic and psycho physiological approaches (Buss, 1990).

The biological study of personality has been greatly misunderstood. First of all, people think that there is a singular approach when it comes to the biological theory however there are several approaches. The second misconception causes people to

Approaches To Personality An Introduction To People

RC Schank

Approaches To Personality An Introduction To People:

Approaches to Personality James Geiwitz, Janet Moursund, 1979 Introduction To Psychology Ilona Roth, 2021-06-29 This two volume text provides a comprehensive introduction to the issues theories and methods of psychology including both classic approaches and recent research The areas covered range from the intellectual social and emotional development of the child to the ways in which adults perceive attend remember and communicate from Freud's psychoanalytic framework to the work of present day psychologists from debates about the scientific status of psychology to the special problems which the study of people poses for psychologists Each chapter presents important issues in depth highlighting controversies while showing that they rarely have neat solutions Throughout emphasis is given to the contrasting levels of analysis which contribute to the understanding of psychological functioning from fundamental biological processes to complex social interactions While prepared for the Open University course Introduction to Psychology these volumes will provide an excellent introduction to students of psychology at other universities and colleges The text incorporates the best of the Open University s tried and tested teaching methods and particular importance is placed on encouraging the reader s active participation making the books enjoyable and stimulating as well as informative The text is divided into eight sections comprising eighteen An Introduction to Criminal Psychology Russil Durrant, 2018-03-29 This book offers a clear up to date comprehensive and theoretically informed introduction to criminal psychology exploring how psychological explanations and approaches can be integrated with other perspectives drawn from evolutionary biology neurobiology sociology and criminology Drawing on examples from around the world it considers different types of offences from violence and aggression to white collar and transnational crime and links approaches to explaining crime with efforts to prevent crime and to treat and rehabilitate offenders This revised and expanded second edition offers a thorough update of the research literature and introduces several new features including detailed international case studies setting the scene for each chapter promoting real world understanding of the topics under consideration a fuller range of crime types covered with new chapters on property offending and white collar corporate and environmental crime detailed individual chapters exploring prevention and rehabilitation previously covered in a single chapter in the first edition an array of helpful features including learning objectives review and reflect checkpoints annotated lists of further reading and two new features Research in Focus and Criminal Psychology Through Film This textbook is essential reading for upper undergraduate students enrolled in courses on psychological criminology criminal psychology and the psychology of criminal behaviour Designed with the reader in mind student friendly and innovative pedagogical features support the reader throughout **Introduction to Political** Psychology Martha L. Cottam, Elena Mastors, Thomas Preston, Beth Dietz, 2004-04-26 The first comprehensive textbook on political psychology this user friendly volume explores the psychological origins of political behavior Using psychological concepts to explain types of political behavior the authors introduce a broad range of theories and cases of political activity

to illustrate the behavior The book examines many patterns of political behaviors including leadership group behavior voting race ethnicity nationalism political extremism terrorism war and genocide Text boxes highlight current and historical events to help students see the connection between the world around them and the concepts they are learning Examples highlight a variety of research methodologies used in the discipline such as experimentation and content analysis The Political Being is used throughout to remind the reader of the psychological theories and concepts to be explored in each chapter Introduction to Political Psychology explores some of the most horrific things people do to one another for political purposes as well as how to prevent and resolve conflict and how to recover from it The goal is to help the reader understand the enormous complexity of human behavior and the significant role political psychology can play in improving the human condition Designed for upper division courses on political psychology or political behavior this volume also contains material of interest to those in the policymaking community **EBOOK: INTRO TO ORGANIZATIONAL** DICK, 2005-11-16 EBOOK INTRO TO ORGANIZATIONAL Psychiatry: An evidence-based text Bassant Puri, Ian Treasaden, 2009-11-27 Succinct user friendly thoroughly referenced and prepared by leading experts in the field this book is the only single textbook you will need to succeed in the Royal College of Psychiatrists MRCPsych and other related higher examinations Chapters follow the structure and syllabus of the examination ensuring that you receive the necessary essential information to pass and indeed succeed Approachable and succinct text with colour illustrations and key summary points further help to clarify complex concepts and provide you with useful revision tools The evidence based approach used throughout is important to help you relate theory and research to clinical practice. The book is carefully structured and sequenced to building upon the basic sciences underpinning psychiatry through to an in depth description of pharmacological and psychological treatments used

Introduction to Clinical Psychology Jeffrey Hecker, Geoffrey L. Thorpe, 2015-11-19 This introductory textbook gives students an appreciation of the field of clinical psychology as an applied science by teaching them the history and future of the field as well as ethical dilemmas facing psychologists today It is organized around four key themes Science the text analyzes and critiques research and practice in clinical psychology from a scientific perspective Controversies the text examines the conflict and controversies that continue to shape the discipline of Psychology Currency the text surveys the field of contemporary clinical psychology Ethics the text discusses ethical dilemmas faced by clinical psychologists in every chapter Introduction to Type and Learning Donna Dunning, 2008 Introduction to type introduces you to key learning strategies and learning style information Designed for adult learners who want to take control of their learning it provides a comprehensive guide for enhancing learning effectiveness Whether you are returning to school learning on the job or developing skills and knowledge related to your personal interests the booklet will help you to identify your learning style and develop and apply strategies that suit your learning preferences taken from Introduction The Oxford Handbook of the Five Factor Model Thomas A. Widiger, 2017 There is a vast body of research supporting the Five Factor Model as the

predominant model of general personality structure within the field of social psychology The Oxford Handbook of the Five Factor Model is dedicated to this model of research Oswaal CBSE Chapterwise Solved Papers 2023-2014

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