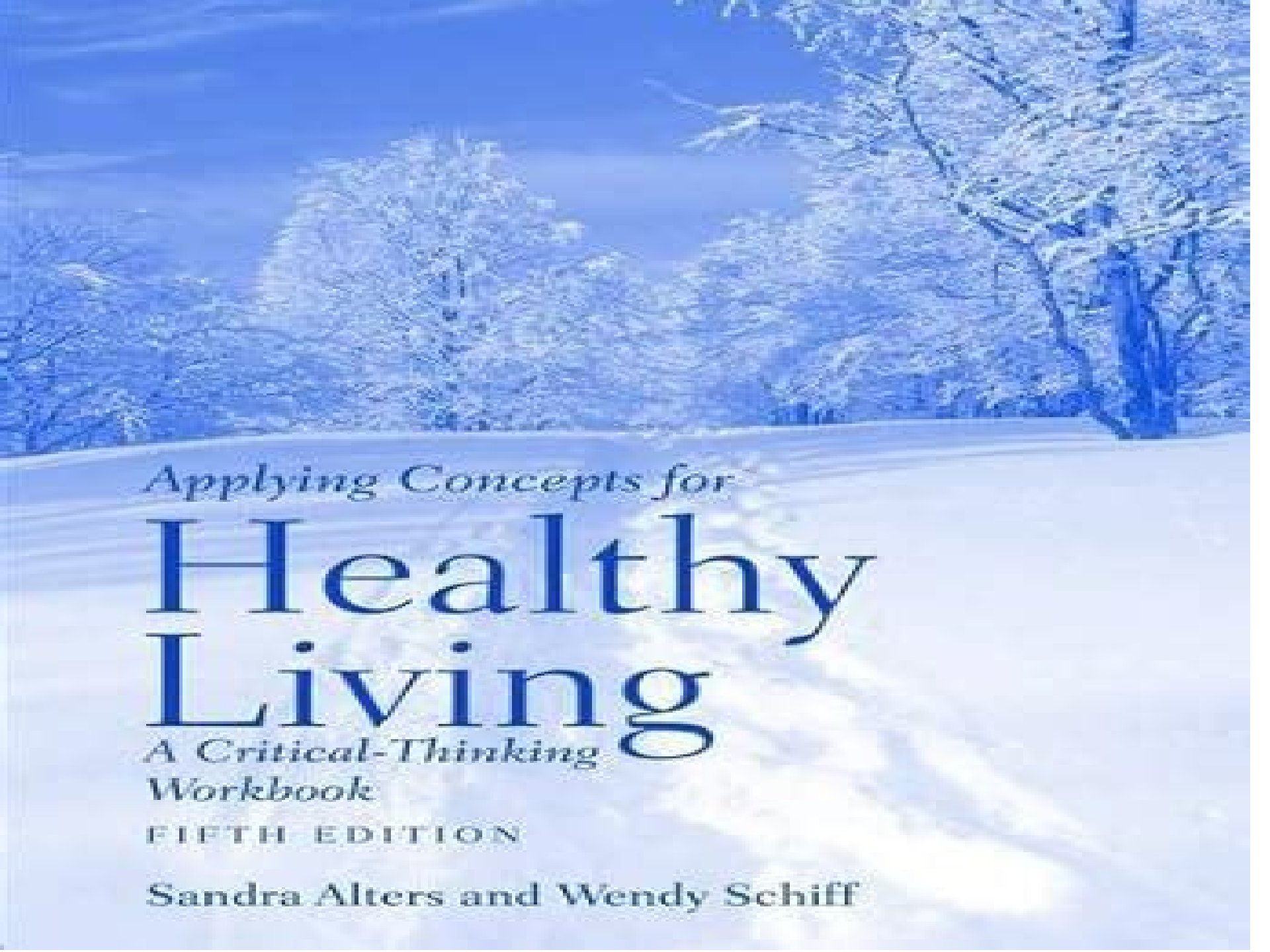




Applying Concepts for

Healthy Living

*A Critical-Thinking
Workbook*

FIFTH EDITION

Sandra Alters and Wendy Schiff

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