



WEEKLY & MONTHLY PLANNER SPREADSHEETS

TIME BLOCKING

Madeline's
WEEKLY TIME BLOCKING

MONTH	July
Week	Week 2 (28 Jul to 04 Aug)

CATEGORY TIME TRACKER

Week 2 (28 Jul to 04 Aug)



CATEGORY	hrs	%
work	40.0	24%
Sleeping	56.0	33%
Free Time	28.0	17%
Commute	12.0	7%
Exercise	10.0	6%
Family Time	9.0	5%
Morning Routine	8.0	5%
Personal Chores	6.0	4%
Lunch	5.0	3%
Bedtime Routine	2.0	1%

Monday, 8 July

Your day is planned!

START TIME	CATEGORY	ACTIVITY	DURATION	
			hr	min
7:00 am	Morning Routine	Morning Workout	1	0
7:30 am	Morning Routine	Wake Up	0	30
8:00 am	Morning Routine	Breakfast	0	30
8:30 am	Commute	Drive to work	0	30
9:00 am	Work	Project Meeting	0	30
9:30 am	Work	Work on Report	0	30
10:00 am	Lunch	Lunch Break	0	30
10:30 am	Work	Client Call	0	30
1:00 pm	Work	Team Collaboration	0	30
4:00 pm	Errands	Grocery Shopping	0	30
5:00 pm	Errands	Pick Up Dry Cleaning	0	30
6:00 pm	Errands	Bank Visit	0	30
6:30 pm	Commute	Drive to Home	0	30
7:00 pm	Family Time	Dinner with Family	0	30
8:00 pm	Free Time	Read a Book	0	30
9:00 pm	Personal Chores	Clean the House	0	30
10:00 pm	Free Time	Check Social Media	0	30
10:30 pm	Personal Chores	Online Course	0	30
10:45 pm	Bedtime Routine	Prepare for Bed	0	15
11:00 pm	Free Time	Play a Musical Instrument	0	30
11:30 pm	Free Time	Meditation	0	30
11:45 pm	Free Time	Plan the Next Day	0	15
12:00 am	Bedtime	Sleep	1	0

Tuesday, 9 July

10 min left to go

START TIME	CATEGORY	
8:00 pm	Commute	
8:30 pm	Family Time	
10:00 pm	Free Time	
10:30 pm	Free Time	
10:45 pm	Personal Chores	
11:00 pm	Free Time	
11:30 pm	Bedtime Routine	
11:45 pm	Free Time	
12:00 am	Free Time	
1:45 am		

EASY TO USE

VIDEO TUTORIAL

WEEKLY TIME BLOCK

SMART CALENDAR

Time Blocking Planner Pro

AW Chickering



Time Blocking Planner Pro:

Whispering the Secrets of Language: An Psychological Journey through **Time Blocking Planner Pro**

In a digitally-driven world wherever displays reign great and quick connection drowns out the subtleties of language, the profound techniques and psychological subtleties hidden within phrases frequently go unheard. Yet, nestled within the pages of **Time Blocking Planner Pro** a fascinating literary treasure pulsing with raw emotions, lies an exceptional journey waiting to be undertaken. Written by an experienced wordsmith, that enchanting opus attracts viewers on an introspective trip, lightly unraveling the veiled truths and profound influence resonating within the very fabric of each and every word. Within the mental depths of this moving review, we shall embark upon a honest exploration of the book is key styles, dissect their charming writing design, and yield to the effective resonance it evokes serious within the recesses of readers hearts.

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