

LEARNING TASK 7

Am I a Climate Hero or a Climate Culprit?

Procedure:

1. Compute your carbon footprint by using Table 4 WWF-Philippines' Carbon Footprint Checklist. Choose one (1) member of the family or a friend do the checklist also for you to have a comparison.

What's your carbon footprint? Evaluate your carbon emission.

Different Activities	Always (1pt)	Sometimes (3pts)	Never (5pts)
1. I use water wisely			
2. I eat a mixture of meat and vegetarian meals			
3. We use kerosene lamps or low energy light bulbs at home			
4. I use basin in washing our dishes			
5. I eat locally grown food			
6. I turn off electric appliances or battery-operated gadgets instead of leaving them on standby			
7. I use a glass of water when brushing my teeth			
8. I eat organic food			
9. I use reusable bags when buying things from the market			
10. I avoid eating ready meals (e.g. noodles, sardines etc.)			

Checklist Carbon Footprint

Lei Huang

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the name bar.

Checklist Carbon Footprint:

Checklists to assess vulnerabilities in health care facilities in the context of climate change ,2021-04-07 **Visualizing Climate Change** Stephen R.J. Sheppard,2012-03-29 Carbon dioxide and global climate change are largely invisible and the prevailing imagery of climate change is often remote such as ice floes melting or abstract and scientific charts and global temperature maps Using dramatic visual imagery such as 3D and 4D visualizations of future landscapes community mapping and iconic photographs this book demonstrates new ways to make carbon and climate change visible where we care the most in our own backyards and local communities Extensive color imagery explains how climate change works where we live and reveals how we often conceal misinterpret or overlook the evidence of climate change impacts and our carbon usage that causes them This guide to using visual media in communicating climate change vividly brings to life both the science and the practical solutions for climate change such as local renewable energy and flood protection It introduces powerful new visual tools from outdoor signs to video games for communities action groups planners and other experts to use in engaging the public building awareness and accelerating action on the world s greatest crisis **Transforming Organizations in Disruptive Environments** Igor Titus Hawryszkiewicz,2021-11-18 This textbook provides a design approach to the topics of innovation and disruption by drawing on a variety of tools techniques and methods and focusing on solutions that combine data and technology The premise of the book is the creation of value for the organisations stakeholders and community to enable creative transformation The book highlights the importance of value and using knowledge to create a seamless roadmap that adds to stakeholder values through best practice business processes that use technology in innovative ways Written in a clear simple and concise manner avoiding complicated constructions and jargon the book includes rich illustrations and summaries and case studies that follow the roadmap at the end of each chapter Building Green Software Anne Currie,Sarah Hsu,Sara Bergman,2024-03-08 How will software development and operations have to change to meet the sustainability and green needs of the planet And what does that imply for development organizations In this eye opening book sustainable software advocates Anne Currie Sarah Hsu and Sara Bergman provide a unique overview of this topic discussing everything from the likely evolution of national grids to the effect those changes will have on the day to day lives of developers Ideal for everyone from new developers to CTOs Building Green Software tackles the challenges involved and shows you how to build host and operate code in a way that s not only better for the planet but also cheaper and relatively low risk for your business Most hyperscale public cloud providers have already committed to net zero IT operations by 2030 This book shows you how to get on board You ll explore How the energy transition is likely to change hosting on prem and in the cloud and how your company can prepare The fundamental architectural principles of sustainable software development and how to apply them How to determine which parts of your system need to change The concept of extending hardware longevity and the part that software plays **Managing Climate Risk** Adam Jolly,2008 Climate change poses a serious

threat to the continuity and prosperity of organizations serious disruption in business activities and a permanent cut in output This important book explains how organizations can reduce their exposure to direct threats improve their efficiency and learn how to gain from shifts in the way their markets operate In a clear informative style it explores techniques for identifying climate risks and systems for managing them how to prepare for contingencies caused by extreme weather changes options for controlling emissions and improving resource efficiency how to find alternative sources of energy and minimize waste smarter working practices flexible travel plans and greener buildings and how an innovative response can strengthen the brand

Material Selection for Thermoplastic Parts Michel Biron, 2015-09-02 As new applications are developed and plastics replace traditional materials in a widening spectrum of existing applications the potential personal injury property damage financial and legal consequences of failure can be high However nearly half of plastics failure can be traced back to the original specification and selection of the material This book gives engineers the data they need to make an informed decision about the materials they use in their products imparting a thorough knowledge of the advantages and disadvantages of the various materials to choose from The data also suggests other candidate materials which the reader may not have originally considered More than 30 000 thermoplastics grades are grouped into circa 300 subfamilies within which over 20 properties are assessed The abundance or scarcity of a material and its cost are also often important deciding factors In this book an economical overview of the plastics industry helps clarify the actual consumption and costs of thermoplastics including bioplastic and the relationship of cost vs performance is also examined for each thermoplastic subfamily Immediate and long term common properties are reviewed including mechanical behavior impact thermal properties and many more Environmental considerations are also covered including ease of recycling and sustainability Helps engineers to implement a systematic approach to material selection in their work Includes more than 300 subfamilies of thermoplastic and a wide range of properties including chemical resistance thermal degradation creep and UV resistance Evaluates cost performance relations and environmental considerations

Democracy in Action: Structures, Systems, and Struggles RAJEEV RUNGTA, DR. VIKAS GOEL, Preface Democracy in Action Structures Systems and Struggles is an exploration of one of humanity's most enduring and evolving ideals democracy This book seeks to illuminate not only the institutional frameworks and political philosophies that underpin democratic governance but also the social cultural and technological forces that continue to shape its practice across the world Democracy at its heart is not a static concept it is a living process of negotiation between power and people freedom and responsibility ideals and realities The book thus journeys through its origins evolution and modern complexities offering a comprehensive understanding of how democratic systems function adapt and sometimes falter Beginning with the intellectual foundations of democracy in ancient civilizations and moving through its modern transformations the chapters trace the interplay between constitutional structures electoral systems political parties and civic movements that give life to democratic governance From the design of representative

institutions to the pressures of globalization technology and media the text unpacks how democracy both shapes and is shaped by the societies that practice it In doing so it invites readers to reflect on the balance between institutions and individuals governance and participation rights and duties In today s world marked by populism polarization misinformation and the blurring of national boundaries the meaning of democracy is being re examined more urgently than ever This book acknowledges these tensions while remaining grounded in the belief that democracy s strength lies in its capacity for self correction dialogue and reform It also emphasizes the moral dimension of democracy its connection to human rights equality and justice drawing attention to the struggles and movements that have expanded its promise across continents and centuries Each chapter of Democracy in Action builds upon the last to provide a multidimensional perspective from the architecture of constitutions and the pulse of electoral systems to the voices of citizens activists and institutions that sustain the democratic fabric The final chapter turns toward the future posing critical questions about how democracy can endure and adapt in an era of artificial intelligence climate challenges and geopolitical shifts This book is intended for students scholars and citizens alike those who seek to understand not only how democracies are built but how they can be strengthened It is both a study and a call to action to view democracy not as a finished structure but as an ongoing struggle and shared responsibility a testament to the human pursuit of dignity representation and justice Authors Jamuna Devi Rajnish Lather Jyoti Janardhan Reddy Prof Dr Punit Goel Materials and Sustainable Development Michael F. Ashby,2022-06-26 Materials and Sustainable Development Second Edition written by noted materials selection authority Mike Ashby provides a structure and framework for analyzing sustainable development and the role of materials in it The book s aim is to introduce ways of exploring sustainable development to readers in a way that avoids simplistic interpretations and approaches complexity in a systematic way There is no completely right answer to questions of sustainable development instead there is a thoughtful well researched response that recognizes concerns of stakeholders conflicting priorities and the economic legal and social aspects of the technology and its environmental legacy The intent of the book is not to offer solutions to sustainability challenges but rather to improve the quality of discussion and enable informed balanced debate This updated edition has been updated to reflect new insights regulatory trends and other developments that have occurred since publication of the previous edition Describes sustainable development in increasingly detailed progression from a broad overview to specific tools and methods Includes updated chapter length case studies on topics such as biopolymers electric cars bamboo and lighting that vividly illustrate the sustainable development process from a materials perspective Covers business and economic aspects in chapters on corporate sustainability and the circular materials economy Making Healthcare Green Nina S. Godbole,John P. Lamb,2018-08-14 This book offers examples of how data science big data analytics and cloud technology can be used in healthcare to significantly improve a hospital s IT Energy Efficiency along with information on the best ways to improve energy efficiency for healthcare in a cost effective manner The

book builds on the work done in other sectors mainly data centers in effectively measuring and improving IT energy efficiency and includes case studies illustrating power and cooling requirements within Green Healthcare Making Healthcare Green will appeal to professionals and researchers working in the areas of analytics and energy efficiency within the healthcare fields

The Proceedings of 2024 International Conference on Artificial Intelligence and Autonomous Transportation Limin Jia,Dongxiu Ou,Hui Liu,Fang Zong,Pangwei Wang,Mingfang Zhang,2025-05-01 This book reflects the latest research trends methods and experimental results in the field of Artificial Intelligence and Autonomous Transportation which covers abundant state of the art research theories and ideas As a vital research area that is highly relevant to current developments in a number of technological domains the topics covered include Autonomous Transportation Systems Autonomous Transportation Management and Control Technology Autonomous Transportation Equipment Technology Vehicular Networking and Information Security Emerging Technologies and Future Mobility Intelligent water transportation technology Cross Domain Transportation Technology and so on The goal of the proceedings is to provide a major interdisciplinary forum for researchers engineers academics and industry professionals to present the most innovative research and development in the field of Artificial Intelligence and Autonomous Transportation Engineers and researchers from academia industry and government will also explore an insight view of the solutions that combine ideas from multiple disciplines in this area The volumes serve as an excellent reference work for researchers and graduate students working in the areas of rail transportation electrical engineering and information technology

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Checklist Carbon Footprint Introduction

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