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Psychology of Suicide

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Abstract

Suicide is a major health concern that claims many lives each year. Despite the importance of the problem, the causes of suicide are mently unknown, and current theories are somewhat speculative. A better understanding of suicidal behavior may be possible through an understanding of the linkages between suicide and stress. A number of theories, known as stress-diathesis theories, attempt to shed light on the relationship between stress and suicide. These theories postulate that suicide occurs when a diathesis (i.e., a predisposition) is acted upon by life stressors causing an individual to reach a breaking point at which suicide becomes likely. There are a number of physiological possibilities for the link between stress and suicide, including the neurotransmitter rerespinephrine and the hypothalamus/pitality gland/advenal gland axis.

INTRODUCTION

There are a number of difficulties that have hampered the study of suicide:

(I) Intentionality: It is difficult to gauge what are the intentions of suicidal individuals. Is their suicidal behavior merely nonsuicidal self-injury or have they engaged in self-injury with the intention to die?

- (2) Suicide is rare: While suicide is a tragic and devastating behavior, it is relatively rare. This very low incidence makes it impossible to predict accurately.
- (3) Loss of subjects: Those best able to assist us in understanding suicide are those who have died by suicide. Psychological autopsy studies, while invaluable, are hampered by a number of limitations (such as whether the reports of informants are valid) and are time-consuming and difficult to undertake.

Regardless of these limitations, there is a large body of work examining the various risk and protective factors related to suicidal behavior. Table 1 lists some of the risk factors (i.e., factors that increase the risk of suicide) and protective factors (i.e., factors that decrease the risk of suicide) associated with suicidal behavior.

The most recent epidemiological data on suicide in the United States comes from 2011.² In 2011, there were 39,518 fatal suicides recorded, a rate of 12.7 per 100,000 per year. When broken down by male and female, men had a suicide rate of 20.2 while women had a suicide rate of 5.4. The most common methods of suicide were firearm (50.6%), suffocation/hanging (25.1%), and

Biology Of Suicide

Raffaela Di Napoli

Biology Of Suicide:

Comprehensive Textbook of Suicidology Alan Lee Berman, Morton M. Silverman, Bruce Michael Bongar, 2000-08-10 Multidisciplinary and comprehensive in scope this volume serves as an authoritative overview of scientific knowledge about suicide and its prevention providing a foundation in theory research and clinical applications Issues relevant to clinical case management are highlighted and various treatment modalities are discussed in light of the latest research findings

Behavioral Neurobiology of Suicide and Self Harm Enrique Baca-Garcia, 2020-12-21 This book reviews the recent research into biological aspects of suicide behavior and outlines each of the varied recent approaches to prevent suicide Suicidal behavior perhaps is the most complex behavior that combines biological social and psychological factors A new frontier and new opportunities are opening with the technologies of data acquisition and data analysis Personalized models based on digital phenotype could provide promising strategies for preventing suicide Biological Aspects of Suicidal Behavior W. P. Kaschka, D. Rujescu, 2016 Suicide is one of the most important causes of death in modern societies To develop more effective preventive measures we have to be aware of and learn more about its neurobiological foundations In recent years the tools of modern neurosciences have increasingly been utilized to characterize the pathophysiology of complex human behaviors such as suicide To improve suicide risk assessment and suicide prevention a better understanding of its pathophysiology is crucial This includes research from a variety of disciplines such as neuropsychological psychosocial and cultural studies but also findings from biochemistry neuropathology electrophysiology immunology neuroimaging genetics and epigenetics Important results have for example been obtained in the field of gene environment interaction and suicidal behavior We have just begun to understand how early life adversity may increase suicide risk by epigenetic mechanisms Based on such insights novel therapeutic interventions and preventive measures can be developed Furthermore a better understanding of the pathophysiological mechanisms involved in suicidal behavior could reveal the mechanism of compounds like lithium salts In this book suicidal behavior and its prevention is discussed by international experts in the light of the most recent results from a broad spectrum of neurosciences The Biology of mental disorders. Suicide Science Thomas Joiner, M. David Rudd, 2007-05-08 Suicide kills and maims victims traumatizes loved ones preoccupies clinicians and costs health care and emergency agencies fortunes It should therefore demand a wealth of theoretical scientific and fiduciary attention But in many ways it has Why Although the answer to this question is multi faceted this volume not supposes that one answer to the question is a lack of elaborated and penetrating theoretical approaches. The authors of this volume were challenged to apply their considerable theoretical wherewithal to this state of affairs They have risen to this challenge admirably in that several ambitious ideas are presented and developed Ifever a phenomenon should inspire humility it is suicide and the volume s authors realize this Although several far reaching views are proposed they are pitched as first approximations with the primary goal of stimulating still more conceptual and empirical work A pressing issue in suicide

science is the topic of clinical interventions and clinical approaches more generally Here too this volume contributes covering such topics as therapeutics and prevention comorbidity special populations and clinicalrisk factors The Biology of **Human Behavior** Thomas Rowland, 2020-01-17 Why do human beings behave the way they do What governs how they act out their daily lives It is not difficult to provide the traditional argument that it's largely a matter of the culture in which we live a product of the influences of family peers teachers religious leaders the movies we see the books we read and so forth Such behavior often contradicts the independent nature of the human spirit demanding a certain compromise we depend on others for our needs and to obtain these we must behave accordingly Evidence grows however that in addition much of our behavior has its roots in biological processes Such information indicates that whether we like to accept it or not our conduct is often governed by biochemical agents within in the brain an expression of our animalistic ancestral past governed by our genetic inheritance and all beyond the level of our conscious decision making This book addresses a series of such behaviors love jealousy travel suicide etc and examines new found perspectives that speak to a biological component in explaining just why we behave as we do Certainly such scientific insights are limited and currently provide only a narrow insight into human behavior However this information clearly forecasts the coming of a greater appreciation that as members of the animal kingdom we remain biological beings as well as members of a cooperative society The Oxford Handbook of Suicide and Self-Injury Matthew K. Nock, 2014-05-08 Suicide is a perplexing human behavior that remains among the leading causes of death worldwide responsible for more deaths each year than all wars genocide and homicide combined Although suicide and other forms of self injury have baffled scholars and clinicians for thousands of years the past few decades have brought significant leaps in our understanding of these behaviors. This volume provides a comprehensive summary of the most important and exciting advances in our understanding of suicide and self injury and our ability to predict and prevent it Comprised of a formidable who s who in the field the handbook covers the full spectrum of topics in suicide and self injury across the lifespan including the classification of different self injurious behaviors epidemiology assessment techniques and intervention Chapters probe relevant issues in our society surrounding suicide including assisted suicide and euthanasia suicide terrorism overlap between suicidal behavior and interpersonal violence ethical considerations for suicide researchers and current knowledge on survivors of suicide The most comprehensive handbook on suicide and self injury to date this volume is a must read text for graduate students fellows academic and research psychologists and other researchers working in the brain and behavioral sciences Bio-Psycho-Social Indicators of Suicide Risk Nicola Susan Gray, Robert Snowden, Xenia Gonda, Gianluca Serafini, 2022-11-03 Psychobiology of Suicidal Behavior Joseph John Mann, Michael Suicide Across The Life Span Judith M. Stillion, Eugene E. McDowell, 2015-12-03 First published in 1996 Stanley, 1986 The complexities of suicide are examined from the developmental viewpoint. The text includes appropriate case studies and three research studies which were conducted especially for this work

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