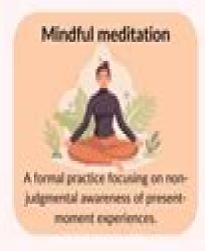
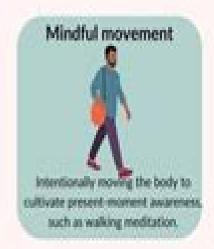
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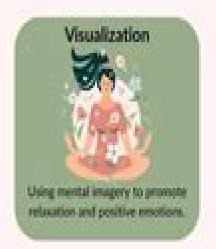














Mindfulness Meditation Ideas

JA Banks



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