

## LEARNING TASK 7

### Am I a Climate Hero or a Climate Culprit?

#### Procedure:

1. Compute your carbon footprint by using Table 4 WWF-Philippines' Carbon Footprint Checklist. Choose one (1) member of the family or a friend do the checklist also for you to have a comparison.

What's your carbon footprint? Evaluate your carbon emission.

| Different Activities                                                                             | Always<br>(1pt) | Sometimes<br>(3pts) | Never<br>(5pts) |
|--------------------------------------------------------------------------------------------------|-----------------|---------------------|-----------------|
| 1. I use water wisely                                                                            |                 |                     |                 |
| 2. I eat a mixture of meat and vegetarian meals                                                  |                 |                     |                 |
| 3. We use kerosene lamps or low energy light bulbs at home                                       |                 |                     |                 |
| 4. I use basin in washing our dishes                                                             |                 |                     |                 |
| 5. I eat locally grown food                                                                      |                 |                     |                 |
| 6. I turn off electric appliances or battery-operated gadgets instead of leaving them on standby |                 |                     |                 |
| 7. I use a glass of water when brushing my teeth                                                 |                 |                     |                 |
| 8. I eat organic food                                                                            |                 |                     |                 |
| 9. I use reusable bags when buying things from the market                                        |                 |                     |                 |
| 10. I avoid eating ready meals (e.g. noodles, sardines etc.)                                     |                 |                     |                 |

# Checklist Carbon Footprint

**Liying Dong**



**Checklist Carbon Footprint:**

Immerse yourself in heartwarming tales of love and emotion with Explore Love with is touching creation, Experience Loveis Journey in **Checklist Carbon Footprint** . This emotionally charged ebook, available for download in a PDF format ( \*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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