

# **Remote Work Ergonomics Checklist**

Please check the corresponding box once you have completed a task.

Items	Considerations	Check
Computer/Laptop	Adjust the monitor to eye level to reduce neck strain and eye discomfort.	8
	Set the brightness and contrast levels of your monitor to minimize eye strain, especially during prolonged use.	8
	Opt for clear and legible fonts with an appropriate text size to enhance readability and reduce eye fatigue.	0
Keyboard and Mouse	Look for features such as a split design, adjustable tilt, and cushioned palm rests to support a natural hand position and reduce	8

# **Checklist Automation Remote Work**

**Jessica J Manson** 

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#### **Checklist Automation Remote Work Introduction**

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web oct 3 2023 the joint commission recommends that your hospital maintains a temperature of 72 to 78 degrees f for sterile storage areas in addition you should have a maximum relative humidity of 60 percent the temperature of your building may not be something you think about unless it s uncomfortably cold or hot

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web all room air exhausted directly to outdoors air recirculated by room units design relative humidity design temp c

operating room positive 4 20 nr no 20 to 60 20 to 24 emergency department public waiting area negative 2 12 yes nr max 65 21 to 24 aii rooms negative 2 12 yes no max 60 21 to 24 patient room nr 2 4 nr nr max 60

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web may 20 2022 temperature range 72 to 78 f or 22 to 26 c organizations with existing facilities constructed or plans approved prior to july 5 2016 may comply with the 2012 ventilation requirements in nfpa 99 or the version of nfpa 99 in effect at the time of the ventilation system installation

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web jan 14 2021 warmer temperatures 75 f 24 c are recommended in areas that require greater degrees of patient comfort for example warmer temperatures are usually preferred in hospital patient rooms and delivery rooms a standard temperature range of 70 f to 75 f 21 c to 24 c can be used in most other healthcare zones

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web apr 23 2008  $\,$  1 3 8 the temperature setting on forced air warming devices should be set at maximum and then adjusted to maintain a patient temperature of at least 36 5 c 2008 1 3 9 all irrigation fluids used intraoperatively should be warmed in a thermostatically controlled cabinet to a temperature of 38 c to 40 c 2008

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web mar 20 2020 there are certain acceptable ima limits which vary according to the area of the hospital tested such as the maximum acceptable ima is 5 for ultra clean rooms isolation rooms and operating room for joint replacements whereas in icu and dialysis rooms ima is acceptable up to 25

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web to control both air temperature and humidity accurate humidity control also helps protect electronic equipment against electrostatic discharges ensuring a safer place for personnel and visitors and at the same time safeguarding patient health standards for operating rooms european directive 2002 91 ec and the en iso

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web mar 2 2020 each space and any special clinical needs for temperature humidity and pressure control the program shall include space names and paragraph numbering references from the applicable version of the fgi guidelines for design and construction of hospitals and outpatient facili ties for each space noted within the program this

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web the patient is identified as being of prime importance for comfort standards in hospital ward areas other ward users being expected to adjust their dress to suit the conditions necessary for patients comfort these were an air temperature of between 21 5 degrees and 22 degrees c and a relative humidity of between 30 and 70 where the air temperature humidity and climate control in hospital units a - Apr 20 2022

web may 6 2019 notably we detected associations of temperature inside a climate controlled icu with the incidence of gram positive vre and gram negative crpa pathogens interestingly the temperature in the icu presented only minor variations the median daily temperature was  $22\ 2\ c\ 72\ 0\ f$  and the range was  $19\ 6\ c\ 23\ 8\ c\ 67\ 3\ f\ 74\ 8\ f$ 

#### nursing guidelines temperature management the royal children's hospital - Mar 20 2022

web introduction temperature management remains a significant component of hospital care for all neonatal and paediatric patients body temperatures outside normal ranges may be indicative of underlying disease processes or clinical deterioration and should be identified within a timely manner

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