

Mental health is an essential aspect of an individual's overall health and wellbeing.

It impacts how we think, feel, and act, influencing our ability to cope with stress, build relationships, and make choices in our daily lives.

Mental Health Percentage in Certain Areas

US: Approximately 61.8 million adults (20.6% of the population) experienced a mental illness in 2019.

ASIA: Around 275 million people (9.3% of the population) in the Southeast Asia region experienced a mental or substance use disorder.

EUROPE: In 2020, approximately 64 million people (17.6% of the population) were living with a mental health disorder.

Mental Health: Wide Range of Conditions



BIPOLAR DISORDER



DEPRESSION



ANXIETY DISORDERS



SCHIZOPHRENIA
AND OTHER
PSYCHOTIC DISORDERS



EATING DISORDER



PERSONALITY DISORDER



POST-TRAUMATIC
STRESS DISORDER
(PTSD)

Mental Health Statistics in 2023



If you're facing mental health challenges, reach out to medical professionals for assistance and support.

17 AND BELOW: In 2019, 15.4% of U.S. high school students seriously considered suicide.

YOUNG ADULTS: In 2019, nearly 20% of young adults had a mental illness.

ADULTS: Last 2019, around a quarter of adults, specifically 23.4%, dealt with mental illness.

OLDER ADULTS: Around 14% of older adults had a mental illness in 2019.



Mental Health Latest

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Mental Health Latest:

OECD Health Policy Studies A New Benchmark for Mental Health Systems Tackling the Social and Economic Costs of Mental Ill-Health OECD,2021-06-08 Mental ill health affects millions of people and drives economic costs of more than 4% of GDP A good mental health system helps people stay in good mental health and connects those in need to

appropriate support to manage their mental health condition or even fully recover from it **New Approaches for**

Improving Equity in Mental Health Research, Treatment, and Policy Edmund Howe, Virginia A. Brown, Lexi C.

White, Julia Knopes, Joanne Suarez, 2025-10-14 Centering the perspectives of people living with serious mental illness from the research question to data analysis to dissemination of findings can improve our understanding of how to best meet the needs of those living with a range of psychiatric conditions Thus elevating the voices of persons with lived experience is central to closing the discovery gap from the bench to the bedside to the community thereby improving the health and health care of all involved In this Research Topic we seek to explore research that focuses on mental health policy and clinical and community health based interventions intended to better meet the needs of persons whose experiences are too frequently omitted We invite submissions that assess ethical challenges and opportunities around the inclusion of people with serious mental illness in all stages of the research process including design data collection analysis and dissemination of findings Furthermore this call seeks to include persons Living with mental health conditions that are invisible to others From underrepresented communities e g Black Latinx LGBTQ Whose values and experiences around mental illness are informed by cultural beliefs beyond biomedicine Whose access to care is limited by either geography i e urban suburban rural or whose access to care can vary depending on their regional national or international setting The guest editors for this upcoming issue of Frontiers in Psychiatry are committed to the inclusion of underrepresented issues authors and perspectives to further public discourse as we strive to improve the health and health care of people living with mental illness We encourage authors to submit a range of article types including original research editorials brief research report and mini reviews focusing on cutting edge innovations in preventing treating and improving mental health care for persons living with mental illness These contributions may include recent therapeutic developments at the forefront of psychiatric care as well as emerging topics As guest editors we strive for inclusion we welcome all identities appreciate and respect individual values and convictions and welcome authors with diverse perspectives experiences and backgrounds We hope to offer new challenges and insights for policymakers and mental health providers alike that will guide their work both now and into the future New Medicalism and the Mental Health Act John Fanning, 2018-08-09 Ten years have passed since the Mental Health Act MHA 2007 came into force in England An amending statute the Act reformed the MHA 1983 and reshaped the law governing the compulsory care and treatment of people suffering from mental disorders Primarily driven by concerns about risk it sought to remove legalistic obstacles to civil commitment and extend the law s coercive reach into the community At the time of its

introduction the 2007 Act was written off as a retrograde step and a missed opportunity for radical rights focused reform Despite this little attention has been paid to its impact in the years since Published to coincide with the tenth anniversary of the 2007 Act this book offers a timely evaluation of mental health law and policy in England It argues that the current MHA defies easy categorisation within any of the descriptive models which have customarily narrated the mechanics of civil commitment namely legalism new legalism and medicalism It therefore makes the case for a new model new medicalism to account for the 2007 Act s enhancement of the discretion of mental health professionals for the express purposes of facilitating the management of situations of risk In doing so the book critically examines the problems inherent in civil commitment frameworks organised around the concept of risk explores the theoretical foundations of new medicalism considers the challenges facing proponents of future reform in the era of the UN Convention on the Rights of Persons with Disabilities and reflects on the 2007 Act s practical impact

New Publications from the National Institute of Mental Health, 1987 *The Mental Health Professional and the New Technologies* Marlene M. Maheu, Myron L. Pulier, Frank H. Wilhelm, Joseph P. McMenamin, Nancy E. Brown-Connolly, 2004-09-22 New communication technologies have changed the world of mental health professionals and their patients This practical handbook guides readers through the new practice arenas

Mental Health and Work: New Zealand OECD, 2018-12-13 Tackling mental health problems of the working age population is a key issue for labour market and social policies in OECD countries not just for health systems Governments increasingly recognise that policy has a major role to play in keeping people with mental health conditions

A New Era for Mental Health Law and Policy Piers Gooding, 2017-10-13 The Convention on the Rights of Persons with Disabilities CRPD has generated new ideas and standards in healthcare and disability law and policy In the mental health context the CRPD directs governments to ensure people with mental impairments are treated equally before the law including ensuring people have access to the resources necessary to enjoy their rights But what this means in practice remains unclear In addition current domestic laws that authorise involuntary psychiatric interventions stand at cross purposes with the CRPD which requires respect for the will preference and rights of persons with disabilities on an equal basis with others This book explores the implications of the CRPD for law policy and practice that respond to the complex issues raised by mental health impairment and disability It argues that the support framework of the CRPD holds the potential to address persistent shortcomings in mental health law and policy

New Law and Ethics in Mental Health Advance Directives Penelope Weller, 2013 The recognition of positive rights and the growing impact of human rights principles has recently orchestrated a number of reforms in mental health law bringing increasing entitlement to an array of health services In this book Penelope Weller considers the relationship between human rights and mental health law and the changing attitudes which have led to the recognition of a right to demand treatment internationally Weller discusses the ability of those with mental health problems to use advance directives to make a choice about what treatment they receive in the future should they still be unable to

decide for themselves Focusing on new perspectives offered by the Conventions on the Rights of Persons with Disabilities CRPD Weller explores mental health law from a variety of international perspectives including Canada Australia New Zealand and the United Kingdom where policies differ depending on whether you are in England and Wales or Scotland These case studies indicate how human rights perspectives are shifting mental health law from a constricted focus upon treatment refusal towards a recognition of positive rights The book covers topics including refusing treatment new approaches in human rights international perspectives in mental health law the right to demand treatment The text will appeal to legal and mental health professionals as well as academics studying mental health law and policy makers

Mental Health Atlas 2005 World Health Organization. Department of Mental Health and Substance Abuse, World Health Organization. Mental Health Evidence and Research Team, 2005 This atlas is aimed at collecting compiling and disseminating information on mental health resources in the world It presents updated and expanded information from 192 countries with analyses of global and regional trends as well as individual country profiles Newly included in this volume is a section on epidemiology within the profiles of all low and middle income countries It shows that mental health resources within most countries remain inadequate despite modest improvements since 2001 Availability of mental health resources across countries and between regions remains substantially uneven with many countries having few resources The atlas reinforces the urgent need to enhance mental health resources within countries

Routledge Handbook of Global Mental Health Nursing Edilma Yearwood, Vicki Hines-Martin, 2016-09-19 Awarded second place in the 2017 AJN Book of the Year Awards in Psychiatric and Mental Health Nursing I welcome at long last a book on global mental health targeted to nurses the front line health worker for billions of people around the world The roles that nurses can and should play in mental health care are diverse and this book addresses both well trod as well as emerging concerns across the continuum of care from promotion to prevention to treatment Importantly at the heart of this diversity is the foundation of compassion and care the hallmark of the nursing profession Vikram Patel Professor of International Mental Health and Wellcome Trust Principal Research Fellow in Clinical Science Centre for Global Mental Health London School of Hygiene and Tropical Medicine UK Psychiatric disorders have consistently been identified as serious and significant global burdens of disease yet meeting the needs of people in mental distress has not often been a priority in health care This important reference work sets out the knowledge base for understanding the state of mental health care globally and translating that into effective practice The Handbook provides a historical and contemporary context of mental health care identifies and discusses evidence based standards of care and strategies for mental health promotion and explores the need to deliver care from interdisciplinary and community based models placing these imperatives within a human rights and empowerment framework It is made up of four core sections which look at Key and emerging issues that affect global mental health practice and research including the social context of health Evidence based health promotion strategies for major areas of practice internationally A range of

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