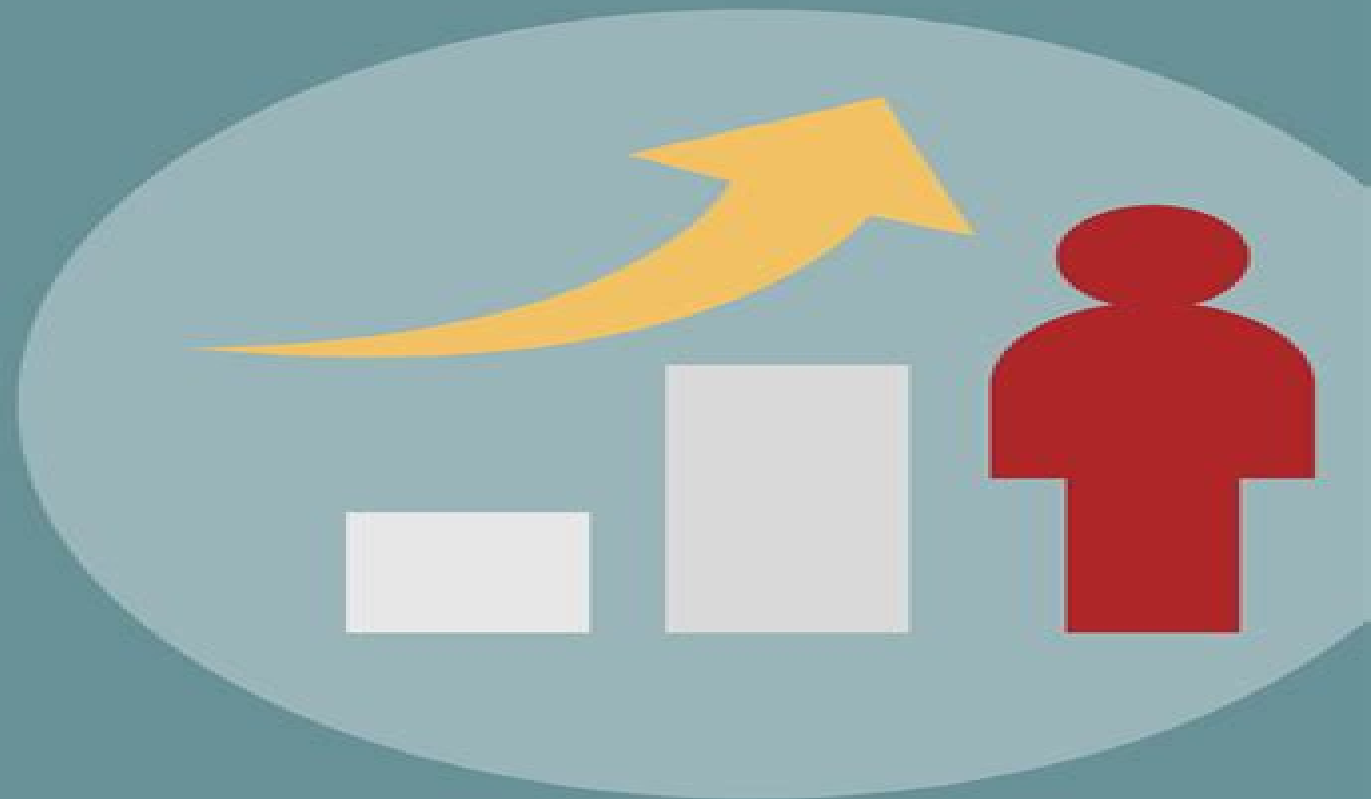


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Manual Positive Psychology

Tayyab Rashid, Martin Seligman



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