A:

Mentalists have used body language for centuries to make it appear they have the power to read minds. Through analysis of physical cues and using similar techniques from famous mentalists almost anyone can make it seem they know more than they do.

## 5 PHYSICAL CUES USED BY MENTALISTS.





## Arms Crossed

Arms crossed and closed can be seen as a defensive sheet. When people have their arms closed they are also closed to new ideas or suggestions.

This is most commonly seen in use by 12 to 15 year old girls, in which case it is a territorial display of dominance.

Propert with saution.



## Neck Touching

Neck touching a one example of a nervous habit that can befray a person's true feelings on a matter.

They could be nervous because they are concealing a truth. In a bar setting it could be a sign your have been stanting at them for too long.



## Dilated Pupils

When someone finds another person or thing attractive, the pupils will dilate, in turn, that dilaters is often found attractive by others. This is sometimes referred to as Technology eyes bocause of its sexual connectation.

Conversely, if you're Lindsay Lohan it could just be an alcohol-metaped sale effect.



## Leaning Forward

Moving forward can be an act of algorishment and so signal anger Expectable, if it is done quackly and in concert with other aggressive signals such as an angry expression on the face.

in debates, it is a sign of confidence, the same both debaters are not learning forward at the same time.

A consciousne may follow.





### Feet Crossed

Crossing your legs or feet is a sign of being comfortable or relaxed in a cocumultance or with a person.

If their feet are crossed and they are wiggling around in their chair it is a sign-of needing a hathroom break.

Better out the meeting short.

## COLD READING

This is a technique that is frequently used by mentalists that takes cuest from a person's body language, clothes, form of speech and ethnicity to consiste the subject they know more about their than they actually do Employs the use of high probability quesien.

#### HOT READENG

This technique tequires some foreknowledge of the subject, either from a previous commentation of from a helper. The trick in tomake it appear that the knowledge was not previously known.

#### FORER EFFECT

Developed in 1948 by psychologist Bertram R. Forer, this technique taken vague and general statements and uses therein in a manner that makes the reader feel they are being talkined specifically for them, Often seen in fortune telling and horocopes.

55%

of communication is nonverbal

> the human body can produce

700,000

The fastest way to build a repport with another person

HIRROR

7%

#### ERIK JAN HANUSEEN

1930's Erik Jan Hamiltonen was a Austrian mentalist and self-proclaimed claimopent mont noted for his visions that aided hillies his was executed in 1913 when the SS found out his was invested in 1913 when the

#### GIORGORI RASPUTIN

1900: Georgioti Rasgautin was a Russian imposts who found favor amongst the support or helion of Russian robility and the royal family. He helped discredit the Tuerst government with number of an illigit affair with the Tuerista.

#### WOLF MESSING

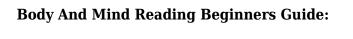
1940's Wolf Mercing was an alleged psychic that came to the attention of Joseph Stalin when he was able to pull off a mental bank robbery using only a piece of paper.

#### COUNT ALESSANDRO DI CAGLIOSTRO

1750's. Considered one of the greatest maintalists and conmen of the ages. He is most famously known as the French physician to Benjamin Franklin, even though he was Italian and for his hand in the Affair of the Necklaox, disgnating the French Queen Marie Antonette.

# **Body And Mind Reading Beginners Guide**

**Jicheng Xie** 



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